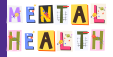


# LHCH Membership & Community Calendar 2024/25

APRIL 2024



**CVD Prevention Talk at Ladies Luncheon Club, L37**  
on 15th April, 1.30pm & visit to UK Man Shed, Widnes



**Health Focus of the Quarter**  
*Stress & Anxiety*  
To align with Stress Awareness Month (April)  
Podcast & health articles with LHCH specialists

MAY 2024

**2024 Public Governor Elections Launch**



**National Walking Month**



**International Clinical Trials Day - 20th May**



**Focus on studies ongoing at LHCH from a patient perspective.**

JUNE 2024



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JULY 2024



**Visit us at Warrington Disability Awareness Day**  
14th July 2024



**CVD Prevention Talk at Lymm Beer & Wine Circle**  
- 17th July, 8pm

**Health Focus of the Quarter**  
*Cardiovascular Disease Prevention*  
To align with World Heart Day 29/9)  
Podcast & health article with LHCH specialists

AUGUST 2024

SEPTEMBER 2024



**AMM**  
23rd September, 4pm

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**University Recruitment Event at LJMU & UoL**

OCTOBER 24

**Health Focus of the Quarter**  
**Diagnosing Lung Cancer & Lung Disease**  
To align with Stoptober (October) and Lung Cancer Awareness Month (November)



(including the eligibility of TLHC and impact of early detection).  
Podcast & health article with LHCH specialists

NOVEMBER 24

DECEMBER 24



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JANUARY 25



**Health Focus of the Quarter**  
*Cardio-Oncology*  
To align with World Cancer Day (4/2 and heart month (March)

**Podcast & health articles with LHCH specialists**

FEBRUARY 25



**Patient & Family Strategy & Quality Priorities Engagement Event**

MARCH 25



**LHCH Newsletter OUT NOW**